

# Ribbons & Pearls

## YES lubricants



Hello my fabulous readers! I have something so exciting and awesome to introduce to you. I have literally been giddy about this product. I was thinking about the review I wanted to write on it later, but got too side tracked to wait to write it. So here I am with my two YES lubricant samples, my poor little craft project tossed to the side of my bed -- a huge paper mess -- but I've just been to excited over this stuff. A lubricant. Yes, I'm this excited about a lube! There's quite a bit I want to share with you, so be patient my grasshoppers.

Here in these photos, I have the Yes Water-based Lubricant. I'll also be talking about the Yes Oil-based Lubricant, but since I've so much to say, I thought I'd split them up and just reserve a special post specifically for each of them.



Look above at the photo of the Yes Lubricant bottle -- that's what happens when you crop a picture and put it on blogger, it looks stretched out and funny, but you can see it, right?

The sample of Yes Lubricant came in a pretty turquoise bottle, that actually is discreet enough to pass as a travel-sized shampoo! So, there's nothing remotely embarrassing about it, no bold words that might scare you off, no nudity on the packaging. That's a big plus! Also, I want to take the time to note that Yes Lubricant ships discreetly. You won't see a package in the mail that says "excuse me! I have a tube of lube inside!" It doesn't even say anything that could hint at what's inside, so no worries there either.



I know those two photos above may look strange, but the point I wanted to make with them was how the drop of Yes Water-based Lubricant stayed right there on the tip of my finger for nearly 5 minutes! I eventually just wiped it off, but it was not budging. This means you can place Yes wherever your little heart desires and it will not run, drip or get messy on ya!

The first time I used Yes Water-based was for just simple insertion of my kegel balls. I was previously using a lubricant called Aqua, which was so runny that it would drip from my finger or my kegel ball onto the floor or my skirt! It was a pain because I usually use the balls daily for the sake of good cooter health, and because I got a little paranoid about a condition called rectocele, but that's a story for another day. So I needed a lubricant that I could use for inserting these little guys daily and quickly with no mess. I also wanted said lubricant to be safe since, hello, I'm putting it on my vagina every day! And if I could use it for intercourse as well, then that would just be icing on the cake. An all-in-one kind of lubricant is a rarity.

So the kegel ball insertion went well. After using it for that, I was way too excited to use it elsewhere and for other... uses. I often have found that some lubricants work fine for simple insertion of those kegel balls, but do not hold up to intercourse or play with toys/massaging, ect. So on I went to find out if Yes was going to be my all-in-one.



Here I took a photo of a glob of Yes Water-based lubricant on my hand to sort of show you the look and give you an idea of the viscosity. You can see that it's just slightly gel-like and not near as runny as most water-based lubricants! It's beginning to run off my tilted hand in the photo, but was going very slow. This is good because it means you're not going to have a mess when you actually use Yes downstairs.

Water-based lubricants are my favorite choice, although it's so tough to find a decent one. I prefer them over others because they are compatible with all adult toy materials, unlike others such as silicone-based. You can't use silicone lubricants with your silicone toys because they can ruin. For more information about what lubes go with what, see my Lubricants page at the top.

### A little background

I've told you before that I'd been previously using a lubricant called Liquid Silk, but as I became more health conscious, I began a journey to find a lubricant that was super efficient in lubricating, leaves absolutely no residue and is totally safe to use. Liquid Silk contains parabens, as most lubricants do, so I was getting more and more hesitant about using it everyday. Parabens have been linked to reproductive system problems and as you probably know are detrimental to your overall health.

So I was able to find a paraben-free lubricant as well as a couple natural and organic ones. I have tried literally at least 60 different lubricants! All of various brands. I know this makes me sound picky, but hey, who can blame me? But out of at least 60 (possibly even more than that, I quit counting after 60) I only liked 4 of them enough to keep using them. Still however, those 4 all had pretty big "cons" about them. These four lubricants all contained parabens except one, and that one still contained glycerin and was so runny. Each of the 4 contained glycerin!

For those of you who do not know, glycerin is something we like to avoid in lubricants (and toothpaste if you're like me) and any personal care products we use downstairs because it's one of the main causes of yeast infections and urinary tract infections! That's why taking bubble baths often cause women and children a UTI. Have you ever had a romantic night licking the tasty, edible lubricant off your loved one only to wake up the next morning with a yeast infection? Yep, do know that lubricants that contain glycerin and/or sugar is almost a sure fire way to earn yourself a yeast infection or UTI. I personally haven't had the misfortune of becoming so sensitive to glycerin that it's caused me any infection, but I try to avoid it still.

Now that you know that, you may think 'holy heck, now what will I do if my lubes are the reason I keep getting infections!?' Calm down, Yes Lubricants do not contain anything at all such as glycerin or sugar that will harm your precious parts! Score one for Yes, score 0 for the four previous lubes I was using!

So, while Yes was immediately gaining points from me, I was a little nervous about whether or not it would *really, really* hold up for all my needs.

Then I was on to using Yes Water-based for intercourse. Now, it may be "TMI," but giving some brief

info on what my needs are could be beneficial for someone reading this, so I'll do that, but scroll on if it's "TMI."

Personally, I need a good, thick lubricant. Not that runny, step above water type of stuff. It doesn't give enough of a... layer of thickness between my skin and whatever is being inserted. I am a pretty narrow person downstairs and tend to experience discomfort, sometimes pain and even tiny tears when things go from ultra-gentle to a little rough. It's dreadful knowing I'll be sore for an entire day after any activity, and the discomfort upon the beginnings of "activity" tend to cause me a great deal of discomfort. This is coming from a person who has heavy foreplay too! I guess my natural lubrication is just not enough, and that's a lot of us girls. Then you have people who are just totally dry due to menopause or whatever. So naturally, penetration will be uncomfortable.

So all those water-based lubricants I've tried haven't ever quite been enough. Let's start with that Pink line for example. I tried every one from that line because it was recommended to me by several friends! When I spent the money (thank God I just bought several samples of each Pink lubricant before going into a full bottle) I was immensely disappointed when none of them made even a slight difference for me. It made things slippery when I used the silicone lubricants, but I experienced zero ease of discomfort!

The natural and organic lubricants I tried were decent, but also were only a step above using water. So I went on a silicone binge and experienced the same thing.

Then after having more than one person tell me I should try Yes, I got to reading up on the company and their lubes and was too ready to give them a try. I certainly didn't expect a big difference from this mess I'd already tried, but I was beyond intrigued after reading the great things about Yes.

#### **Now I want to take the time to brief you on why I was so intrigued by Yes before ever trying it.**

**- All Yes products are certified organic. Certified organic means the product must contain at least 95% of organic ingredients.** Just try to find another lubricant that claims to be naturally and truly is. I've been there and found only a couple that truly were legit, but as I explained, they weren't effective in the least. Many times a company will write "all natural" all over the package, but then you look at the ingredient list and see crap like methylparaben! What? Methylparaben is not natural, where have you been? That was exactly what I said upon my last lube-adventure. It said natural, but I looked at the ingredients and sure enough, it wasn't.

Yes is absolutely legitimate and truly natural lubricant. Which brings me to something I've gathered while on this journey. I've noticed that a lot of companies that sell lubricants that contain glycerin, parabens and all these harmful preservatives and such will have one measly product that says "all natural." Yet when you look closer, they haven't gone to any effort to back it up. It reminds me of a few companies I looked through and found all kind of sugar-filled lubes that sounded fun, but would truly be an infection waiting to happen. Then I'd notice one product that says natural, yet there would be nothing about it. The company didn't proudly have anything on their webpage saying "hey, we guarantee that one of our products are natural." Nothing.

So upon further investigation, I would learn that they didn't actually have a fully natural product at all! They just met enough of the qualifications to slap that label on there and be done!

However, when you have something "certified organic" that's when you can be fairly sure. When a company backs it up, guarantees and will even communicate with you to assure you, you're on good territory.

When you visit the Yes Lubricant website, you see immediately the "certified organic" note. They don't hide ingredients and are always happy to be up front about how safe their lubricants are. That's trustworthy. I've emailed companies with shoddy ingredients before asking questions like "it says 100% natural but parabens are listed on the ingredients list" and gotten either NOTHING back from them or had them tell me something along the lines of "rest assured, it's safe." Really? That's definitely reassuring! Yes Lubricants customer service will not put you in the dark like that. So these were major kudos for them.

Visiting Yes' website, you have pages full of information such as [Why Yes?](#) And How does Yes compare? I've included links to these pages. Simply click on "Why Yes" in the first sentence of this paragraph to visit that page, and so on.

On the Why Yes? page, you'll learn many things, including how long it took to create the Yes lubricants and why it's a good choice for you. Yes went through 3 years of research and development to create the lubricants that are all these things and more:

- Yes lubricants is effective without compromising purity. And let me just say, Yes absolutely exceeds this girl's needs!
- Derivative-free. No additives, parabens, chemicals or animal testing. Yes contains no glycols, GSE, sodium benzoate, mineral oil.
- Has moisture retentive properties, which is something I immediately noticed when applying Yes.
- Formulated from plant extracts.
- Is composed of other organic, cosmetic and food quality ingredients.
- Actively nourishes mucous membranes.

Actually, when I read that Yes does not contain sodium benzoate, it brought to mind my researching sodium benzoate just a month ago after finding it in my most recently purchased lubricant! I was horrified at the dangers of sodium benzoate, which include **mitochondrial damage and it's a skin irritant**.

**Sodium Benzoate** is often used in skincare/cosmetics as a corrosion inhibitor, and clearly causes damage in turn.

**Glycols** have the ability to allow chemicals to penetrate the skin, pulling them into the bloodstream!

**Parabens** are found in breast tumors!

**Mineral oil** is a petroleum by-product. Is said to basically suffocate skin.

These are only a few from Yes webpage. Visit the link to read them all. And I highly recommend visiting [this page](#), which is available on Yes website, giving you an easy-to-read chart of how Yes compares to other leading lubes! You'll definitely learn a thing or two, be surprised and possibly even learn something about the lubricant you have sitting on your nightstand right now.

#### **INGREDIENTS IN YES WATER-BASED LUBRICANT:**

**Aqua** (water), Aloe barbadensis (Aloe vera)\*, Cyamopsis tetragonolobus (Guar Gum)\*, Ceratonia siliqua (Locust Bean Gum)\*, Linum usitatissimum (Flax extract)\*, Phenoxyethanol, Potassium sorbate, Xanthan Gum, Citric acid.

\*Organically grown ingredients\*

Ya'll already know how big I am on aloe vera! I use it for everything. I eat my own aloe plant for health benefits, and actually began eating it to cure IBS, which it did. I even put my leftover bits in a blender and use it as skincare and everything you can imagine. Aloe has amazing skin healing benefits, so I always love seeing it listed on my lubricants. Guess what else? Aloe is a natural anti-bacterial and anti-fungal, so using a lubricant that contains it will be reducing your risks of UTI's and yeast infections! It works to kill candida albicans both in the intestinal tract and vagina! This is some of the main reasons I began using it internally last year.

#### **MY EXPERIENCE WITH YES WATER-BASED LUBRICANT**

The first thing I noticed was the viscosity. How Yes is sort of gel-like and was perfect for applying while standing upright to insert my kegel balls. No mess!

Using Yes Water-based has been so unique compared to any other water-based lube I've used since it's not runny, and works so well. The somewhat thickness of it means I use a lot less for penetration and it doesn't run elsewhere.

I've yet to need more than one application of Yes Water-Based lube during any kind of activity. That's a very rare thing for a water-based lube. I'm able to use one small dab for inserting my kegel balls, intercourse and foreplay, which includes a lot of rubbing!

When I noticed that it wasn't drying up during foreplay, I began to wonder if it was me or the lubricant at that point because I've never had to apply such a small amount and it last so very long! So I put Yes to a little test by applying a dime sized drop to my arm and rubbing vigorously back and forth, not spreading it all up and down my arm, but rubbing similar to the motion I'd use during any kind of massage downstairs. It simply was not losing its slickness. At all! After 10 full minutes of rubbing my arm, I finally just spread it all over and rubbed it in like a lotion.

Which brings me to one of my absolute favorite things about Yes: it leaves zero residue behind and does not get tacky or require immediate clean-up! Talk about perfection. I am horrified when I use a lubricant that leaves me feeling slimy afterward or gets tacky. Nothing kills my mood quicker than that. I also despise having that funny residue feeling between my fingers. I can't tell anything was ever even there when Yes has all absorbed into my skin.

Once Yes absorbed into my skin -- both on my arm and elsewhere -- it felt so slick and smooth and soft! Beautiful. It must be the aloe. It does actually leave my skin a little moisturized afterward, not as much as the Oil-Based Yes, but definitely noticeable.

After the action's all over, I don't feel like I need a shower right away, which is important because I use my lubricant for kegel balls as well and I definitely can't insert them and hop in the shower each time. That's a lot of hassle, so Yes is absolutely fabulous. There's nothing, nothing, nothing like it. It is *the* perfect lubricant.

Also, for those of you with sensitive snouts, Yes has no scent/odor whatsoever. Nothing. I stick my nose to the bottle and it has no smell. And in case this would come in handy for anyone, it also leaves no taste on the skin after drying. So if you happened to have applied it and later your lovie's mouth comes into contact with the area, his/her tongue isn't going to go into a tingling spasm. It's not noticeable, so kisses, licks and nibbles after it's dried isn't going to be a mood-kill.

\*Yes recommend trying a layer of the oil-based lubricant in combination with their water-based one to really enhance slipperiness! This definitely makes things slick, and it lasts even longer!\*