

### YES Product - Intimate Lubricant & Moisturizer for the Vulvo Vagina area

I love the product YES! For myself and many of my health clients we were looking for a certified organic lubricant and moisturizer that would be safe and effective. One of the most common health complaints I see in my holistic clinic is vaginal dryness. A recent study of 2,000 adults showed that 41% use lubrication more than any other adult item to enhance lovemaking. For a woman this is brought about by any number of things including childbirth, hormones, medical conditions and aging. As many as 80% of women going through menopause experience vaginal dryness. These women may need a product like Yes just to be comfortable in everyday life.



### Say Goodbye to Painful Sex

There are many reasons for painful sex including hormonal imbalances, vulva skin conditions such as Lichen Sclerosus, and Vulvodynia, and pelvic floor dysfunction just to mention a few. We all want to continue to have pleasure playtime with our partners but when you want to run screaming from the bedroom something needs to change. While YES is a fantastic product I also recommend vaginal dilators. If you have abstained from sex because of pain please work with a health care professional like myself to understand your body's cries for help. A diet change, introduction of supplements, and possible other medications maybe needed to assist your body to heal. In addition, using vaginal dilators will help put the control back into your hands and allow you time to recondition the opening of the vagina and build the strength of your pelvic floor.

Enjoy your playtime again. Embrace your body and its sacredness.

**organic twosome** was born out of the need for myself and my health clients desire and demand for an certified organic lubricant and moisturizer.



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I like you wanted to continue to have earth-shattering intimate encounters, but nothing is worse then gritting your teeth through it all. When I discovered Yes Yes Yes, I was thrilled and so was my partner. Yippy!

As Executive Director of a non-profit [www.schtb.org](http://www.schtb.org) for individuals going through breast cancer it is also a wonderful gift to be able to offer them a product that assist with vaginal dryness due to chemotherapy, radiation, and medications.

In addition, Yes Yes Yes is also recommended by “**Fabia Brackenbury - Founder of the Vulval Health Awareness Campaign and of the National Lichen Sclerosus Support Group**

“I am often asked which lubricant I like to use. In my work for VHAC and in my private life, I have tried the full range of lubricants available today and I find my favourite is YES. YES oil based is excellent for daily use to prevent dryness, even if intercourse is not taking place and YES water based

is best used with condoms and before and during intercourse. Having a vulval skin condition often means seeking out a gentle product without harmful additives that may irritate. I find the gentle organic formula of YES is ideal for my vulval skin.”

What can we say other than, oh la la try it for yourself. You'll be having playful pleasurable fun and your partner will be as grateful as you are.

Cheers!

Mistye Arnold - Founder  
CNC, TFH, CHTP, Sassy, Sexy Forty Something

